

Ta in Mammogram?

Mammogram ej pija ak x-ray in ittit. Mammography ej kein kakōlkōl ak screening eo emman tata im ewōr ibed ilo ran kein im emōkaj an kabbok cancer in ittit, ñe elab kejatdrikdrik ke enaj mour jen nañinmij eo im ejamin jako. Emaroñ loi cancer in ittit ilo ien eo ej likkun drik wōt, im meñe elikkun drik ñan ad maroñ jibwe im eñjake. Emaroñ bar loi men jidik ko ilo pija eo im relikkun drik jejab maroñ eñjaki (calcifications) im kab bar oktak ko ilo kil im rejjab normal. Mammography emman ñan kōjerbale ñan kabbok cancer ilo ittin elōñ kōrā. Ijoke, elab an jimwe an jermal ñe kōjermal iben bar juon kein test in kakōlkōl etan kakōlkōl in ittit ilo jikin takto ak ilo clinic (clinical breast exam).

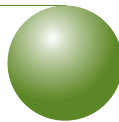
Ilo Antonelok Emaroñ Joñan Dettan ak Size in Tumor ko Mammography ear Loi

Keidi ñan Jeen Jidik in Amerika (U.S. Coins)

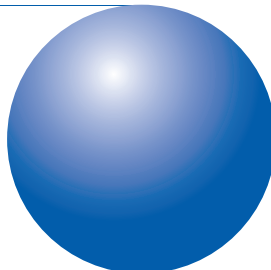
Joñan dettan eo ekkā ak size in ebbōj eo ekkā loe ilo mammogram ko aolep yiō ñe remaroñ keidi iben pija ko jen ien ko remotlok.



Joñan dettan ak size in ebbōj eo ekkā loe ilo mammogram eo kein kajuon.



Joñan dettan ak size in ebbōj eo ekkā jide im loe



Kajitok ko & Uaak ko kin Mammography

AmeriEkōmetak ke mammogram ko?

Bwe en emman pija eo rej bōke, ripija eo ak technologist eo ej aikuij joone im erloke (flatten) ittit eo. Komaroñ eñjake einwōt ñe rej kene, ak iumin wōt jet second im ejako. Ejjab metak. Ba ñan ripija ak technologist eo elañe kometak.

Radiation eo emaroñ ke kakkure yok?

Juon kōrā ej jedmatmat ñan jidik radiation ilo ien eo ej mammogram. Meñe ñe juon ej jedmatmat ñan radiation emaroñ kalablok kauatata eo ñan bōk nañinmij in cancer in ittit iumin juon ien eaetok, kauatata in elikkun drik. Ekatak ko rej kwalok bwe jeramman ko jen mammography relablok jen kauatata ko.

Ewi wewen aō maroñ mammogram?

Call e lok takto eo am bwe en lelok etam ak refer e yok.

Ta elañe iban maroñ kōllā wōneen mammogram?

Enañin aolep insurance plan ko, ekoba Medicare, rej kōllaiki wōneen mammogram ko. Ijoke, elañe koban maroñ kōllaiki wōneen juon ak ejelok am insurance, call e lok jikin bōk jibañ eo ikijien kejbarok ittit (breast care helpline) ilo 1-877 GO KOMEN (1-877-465-6636) ñan melele ko kin ijoko komaroñ etal ñani im ejelok wōneen ak edik wōneen ilo town eo am.

Ittim Ej Make Kwalok Kake Ñan Yok

- Kennan iben aolep ro ilo nukin ko am jimor ilo baamle eo am bwe kwon jelā kin history in ejmour eo an baamle eo am
- Kennan iben juon takto kin joñan an kauatata ñan am bōk nañinmij in cancer in ittit
- Kennan iben juon takto kin test in kakōlkōl ta ko remman ñan kwe elañe elab am bed ilo kauatata
- Kakilene ittim ak mammogram aolep yiō jino jen ñe 40 am yiō elañe ebwe am bed ilo kauatata
- Etal ñan juon clinic ak imōn takto im kakilen ittim aolep jilu yiō driktata jino jen ñe 20 am yiō , im aolep yiō jino jen ñe 40 am yiō
- Sign up ñan kein kakememej yok kin ien kakōlkōl ilo komen.org/reminder
- Kwon jelā kin ta ko kwoj loi im eñjake ilo ittim im report lok kin jabdewōt oktak ko ñan juon takto
- Kelet wewen mour ko rekaejjimmourur im remaroñ kadiklok am bed ilo kauatata ñan bōk nañinmij in cancer in ittit

1-877 GO KOMEN (1-877-465-6636) www.komen.org

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